



www.priorysc.org.uk

TELLTALES

The Journal of Priory Sailing Club
Spring Edition: April 2013



Dates for your Diary

Now

Sun 13th April
Easter weekend
BH Mon 21st April
Fri 25th April
Sun April 27th
BH Mon 5th May
17th & 18th May

Priory winter restrictions have been lifted... you can sail the whole lake!
Buccaneers restarts for the season, 1400 on Sundays in the season
Inspirational renovated club-house fully open for business!
All Fools' Races; 1400 first of two races, followed by prizes & tea
Quiz night at the club house from 1900: see page 6
1400: First of the monthly "Lazy Sunday" races for all including novices & juniors
Spring Junior Regatta, 1400 briefing
Club Open days

Deadline for next Telltales Sun 22nd June

PSC web-site at <http://www.priorysc.org.uk>

Facebook page at <http://www.facebook.com/pages/Priory-Sailing-Club-PSC/272809039438137>

Photo Gallery at <http://www.priorysc.org.uk/gallery/index.php/>

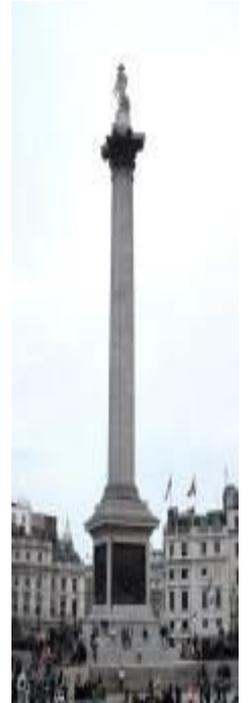


Commodore's Column July 2013

If you haven't visited the club in recent weeks you will be unaware that we have had the builders in! The project is near completion and we hope that by Easter the new ladies changing room will be fully functional along with the new galley, which now forms part of the clubroom. Thanks must go to William Armitage and Caroline Bennett for their time and effort in guiding this project to completion. I'm sure that you will all be interested to see how the many hours of deliberation on how to spend the £25k Sport England grant has turned out!

This winter has been the first for several years when we have not had to cancel any sailing because our lake has been frozen. The hardy PSC members who do sail year round did have several gales to content with however in the first months of the year, some very exciting sailing has been had. The warmer weather recently has brought many of you back to Priory to get on the water or simply to prepare your boat for its 2014 adventures, and it's been good to catch up.

As the season gets underway we will continue to offer you opportunities to get on the water and to develop your skills and experience. For our Junior sailors Buccaneers starts on Sunday 13th April, Advanced Pirates on 19th April and Beginner Pirates on 17th June. New this year for our Juniors are Junior Windsurfing sessions which will take place on Saturday afternoons, starting on the 3rd May. Training for adult members is also available, with Saturday morning dinghy sessions adopting a mentoring approach that could lead to a RYA Level 2 award; these will start in May (enquiries to Dick Knowles, milldick@btinternet.com). Saturday mornings will also be the time slot for our popular adult windsurfing sessions, again starting in May. There



are also a couple of spaces left on the Powerboat Level 2 course later this month which will train and qualify you to join our Safety Boat rota. Because all of this training is delivered by the clubs hard working volunteer coaches and instructors there is no cost to members for this tuition. If you would like to help on any of these sessions please do contact me.

As you probably know we also run Start Sailing and Start Windsurfing courses for non-members, indeed a significant number of our members joined the club as a result of learning to sail on one of our courses. If any of your friends, neighbours or colleagues would like to learn to sail please introduce them to PSC.

Other important dates in May are the 17th & 18th when we will be running our annual Open Days to offer come and try it sessions to members of our community. Please note the dates – we'll need lots of help to make the weekend a success and of course I hope that you will also be able to help promote the event.

Over the winter a team have been working to develop a new PSC website which is due for launch very soon. We also have plans to install internet access at the club that will enable us to include a webcam on our new website, as well as providing a wireless service for club members.

Once again we have a busy season ahead. Do come and join in. As always, please don't hesitate to pass on your ideas for club events, or suggestions for developments to any committee member in person or by email to me (commodore@priorsc.org.uk). Your committee would be particularly interested to hear your ideas regarding potential club social events.

Hope to see you on the water soon.

Tim Hewett, Commodore



Priory Hoodies and Polo Shirts



If you'd like any club hoodies or tops, Pascale is likely to place an order sometime soon. They are printed by a Bedford company, Sportsform, who provide a range of garments and colours: see the Sportsform website for their offerings. Their site is at - <http://www.sportsform.co.uk> First, under 'Categories' click on 'Clothing' and then click on 'Schools and Colleges', then - Hoodies can be found under:- Hoodies, then College, then JH001 - College Hoodie. Polo shirts can be found under:- Polo shirts, then Heavy Weight, then SS204. Let Pascale know pascale.hewett@ntlworld.com or speak to Tim or Pascale at the club.

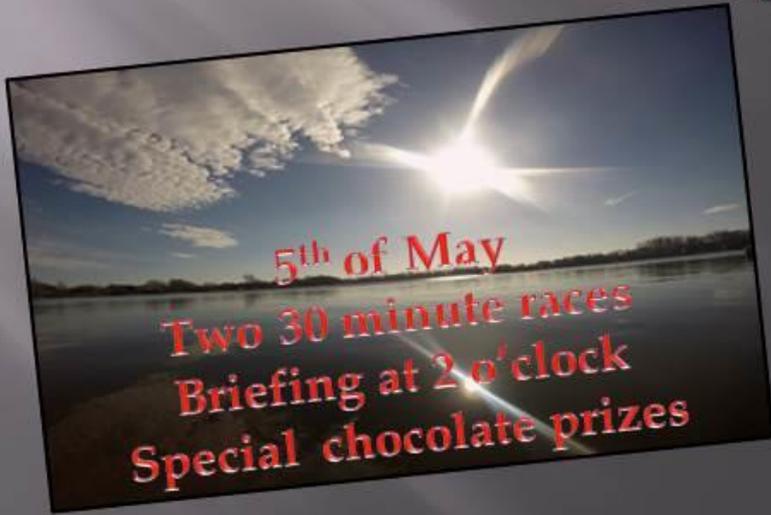
STOP PRESS!



We're very pleased to report that PSC has six newly qualified RYA Dinghy Instructors! Many congratulations to Pascale Hewett, Emily Taylor, Neil Papworth, Tim Girvan, Owen Hewett and James Papworth who have successfully completed their six day course to gain their award. Our PSC coaching team goes from strength to strength!

NEW FOR 2014

Spring Junior Regatta



5th of May
Two 30 minute races
Briefing at 2 o'clock
Special chocolate prizes

Events in May!

Junior Regatta

Open Weekend

Tell your friends and neighbours... they might like to try it!

COME & TRY WEEKEND
17th & 18th May
only **£2** per session
10am - 4.30pm

PRIORY SAILING CLUB

RYA Training Centre
Priority Sailing Club
Priority Country Park
Barkers Lane Bedford
Bedfordshire
MK41 9DJ
www.priorysc.org.uk



Do you want to be a Guinness World Record Holder?
 You are invited to take part in the largest sailing event in the world
WORLD RECORD ATTEMPT

Bart's Bash

21st September 2014 at 11am BST



Andrew Simpson was a gold and silver Olympic medallist, an America's Cup professional who was tragically killed in a training accident on San Francisco Bay in May 2013. The idea is that we will join over 250 clubs for a mass participation club race across the UK and indeed the world.



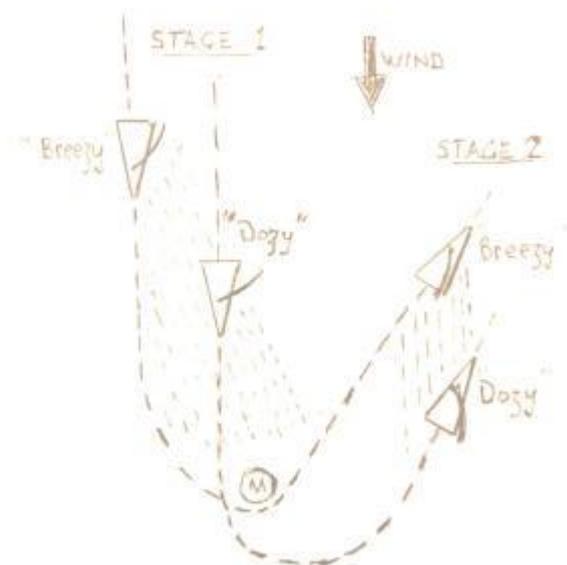
"We firmly hope this event will inspire sailors' young and old, beginners to professionals with clubs getting involved to capture people's imagination and create thousands of Guinness World Record Holders"
 Sir Ben Ainslie

More information to follow but please put the date in your diary you can also check out the website [www. bartsbash.co.uk](http://www.bartsbash.co.uk)

Heron Nationals 2013 and How to do better!

John Howard (Ed: aka the Zander Fox)

I was interested to read Tony Ogborne's analysis of the technical aspects of the craft (see Telltales Winter 2013 edition), but now being only a spectator, I would like to comment on one aspect of what makes an "EXPERT".



A typical situation where an EXPERT will often gain a place in racing is shown in the sketch.

At Stage 1 "Dozy" is ahead on the run but "Breezy" is catching up by ensuring that they steer a course to put Dozy in an area of disturbed wind. The crew of Breezy will already be preparing for the rounding of mark M, getting the centre board down, dropping the jib pole or spinnaker,

taking up any slack in the sheets and positioning themselves ready for a neat gybe.

Meanwhile Dozy will gybe but because of lack of preparation they will be struggling to get the centre board down, to get the flapping sails properly set, and to get themselves properly positioned in the boat ready for a beat to windward. Unfortunately Dozy is at Stage 2 sailing in disturbed air and water and things will go from bad to worse for them!

Well done Breezy! But what might Dozy have done to avoid this predicament? In books on sailing the solution is described as “going in wide and coming out close”. Dozy should therefore have prepared earlier to make a really tight tight turn at the mark and to then go instantly onto the beat leaving Breezy trailing on just behind!

But of course everything depends on having a competent helm and a wide awake crew! The same principles would apply to single-handed craft.

John Howard, Heron 9890 “Zander”

Safety Boat Emergency Action Plan

Sometimes we need to consider the “what if”

“What If” somebody is seriously hurt at the other end of the lake

“What if” somebody is complaining of back problems at the other end of the lake

“What if” I need to give CPR but I am near the other end of the lake

Am I going to bring them back in the boat, or will that make things worse for the casualty? Well there is another option, but it needs the understanding of the **Priory Water Sports Centre PSC – BCA Emergency Action Map & Instructions**

August 2013

Priory Water Sports Centre Emergency Action Map & Instructions

In the event of a serious accident or incident the instructor or OOD may request an ambulance or other emergency help, and so the OOD or other team members may be required to call 999 for an ambulance, police or fire services. If you do not have your mobile phone then there is one in the green box outside the training room. Our address is Priory Water Sports Centre, Priory Country Park, Barkers Lane, MK41 9DJ

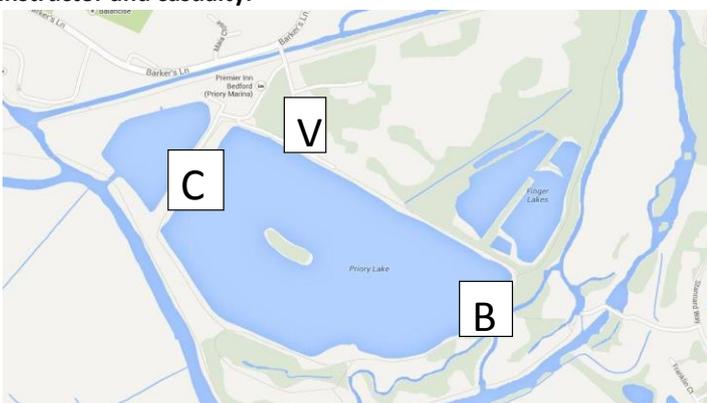
The instructor or OOD will give the location of where the help is required: point C The Water Sports Centre, point V The Priory Park Visitors Centre or point B The Beach end of the lake. One of these will need to be the point where the emergency services must meet the instructor and casualty.

A person must then be dispatched to meet the emergency services at the main entrance to Priory and direct them from there.

If the instructor or OOD has requested them to point B or C then a key will be required to open the height barrier.

The key can be found in the safety boat store on the metal key ring coloured blue.

You should also call the Priory Rangers Office on 01234 211182.



If you require further information then please contact Brian Stanbridge, Priory Sailing Club Principal 07867 531400

Safety Boat Radios



The RYA recommends the use of Radios for communication when on Safety Boat duty

Following our annual RYA inspection last year, PSC invested in a set of PMR radios for use by our Safety Boat Crews. These are kept on charge in the Safety Boat garage. We have prepared a short User Guide (also in the Garage) - to ensure the radios are kept in a serviceable state. These radios are waterproof - and they float!

Please note that these use an "Open standard" - so other radio users may be able to hear your communications – but this means the number of radios used at PSC can be easily augmented on days when we expect to be busy. One handset should be left with the Officer of the Day, the other taken with you on the Safety Boat.

Mark Roe

Priory Quiz Night

Those of you who remember the joys of our first ever quiz night last year will obviously be delighted to hear that we are going to run it again this year! It has been slightly delayed from the date published in the calendar, due to the building works, but it is now confirmed to be on Friday 25th April 2014. Be at the clubhouse to gather and admire the lovely new Kitchen layout at 7.00pm, the quiz will start at 7.30 pm.

The format is again a combined cheese and wine/Quiz night. Bring your own drinks to have with your team, and bring some cheese(s) to share with everyone else. PSC will provide bread, crisps and other nibbles, we will set all this out on the new serving bar with the cheese and everyone can help themselves throughout the evening.

Please could you email neilpapworth@btinternet.com to confirm your attendance and help us get an idea of the numbers for catering purposes. It was a great night last year, I look forward to seeing you again this year.

Editor's Plea

Please submit articles of interest to club members for inclusion in Telltales, as well as pictures. They can be short or long. Both wind-surfing and dinghy sailing pieces welcomed obviously. You might consider:

- Opinion pieces or hints and tips articles
- Reports from going to open meetings
- Sailing holiday reports, any other sailing experiences
- Information on club members, current and former

Feel free to make other suggestions to make Telltales as relevant, informative and entertaining as possible.

Telltales is much enlivened by some sailing related pictures, so please help by submitting your pictures to the current Editor (milldick@btinternet.com) with a bit of text to say what is going on in the picture, who, where etc, or else post onto the Photo Gallery (see p2 above).

Telltales comes out quarterly so please submit anything by the end of September for this, via myself (milldick@btinternet.com, Mill House, Mill Lane, Langford Beds SG18 9LZ) or any PSC committee member, and by email, hand-written note, phone call, carrier pigeon, whatever!

Dick Knowles (Editor, Vago XD 669)

Ask us the big questions

We'll take care of the small details



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We are here to help

